

PARKRUN (OR PARKWALK!)

As part of our "Health for Life" programme, we would like to encourage families to join us for Parkrun on **Saturday 11th February**. Some of you may be aware of Parkrun; it is a weekly event that takes place in parks all over the world. It is 5km, and there are elite runners who do it in 16 minutes through to slow walkers who take over an hour, and that is fine - everyone is there for their own reasons, doing their own thing. There are young people and old people and tall people and short people, people who exercise regularly and people who don't. Parkrun is for everyone - it is a lovely, friendly environment, it is completely free and it is near to our school: the one we will be taking part in is at Perry Hall Park. Parkrun starts at 9.00am, but there is a first-timers' welcome at 8.50am, so please try to be there for that.

Children under the age of 11 must be within arms reach of a responsible adult all the way round the course - this is a Parkrun rule, not our rule. Please note that **you are responsible for your child at all times** and school staff will not take responsibility for any of the children. We will, however, support and encourage each other and those that finish quickly will be there at the end to cheer you home! You can even bring your dog (maximum one dog per person on a short hand-held lead) or a child in a pushchair or pram and take them round the course.

In order to be given a time, you and your child need to register. You can find more information, and a link to register, here: <https://www.parkrun.org.uk/perryhall/>. If you have any questions, come and find Mr Smart. We hope to see some of you there, and we hope to make this a fairly regular event.

NUMBER DAY

Next Friday is a non-uniform day. We are joining in with the NSPCC's Number Day, and we encourage children to wear items of clothing with numbers on them. We ask that, if you can, you make a minimum £1 donation to the NSPCC; this can now be done on School Money. Please don't worry if you aren't able to make a donation at the moment.

CAR PARK

Please remember that you should not be driving onto the school site at any time (including before and after school club) unless you have been given a permit. We have had parents and carers tailgating members of staff going through the barrier and driving up to school. This creates a potentially dangerous situation for children and has caused parking issues, including members of staff with disabilities at different schools being unable to park in the disabled bays. If you think you have a legitimate reason to drive onto the site, please email Mr Smart to ask for permission: m.smart@beechesjnr.bham.sch.uk

ASTON VILLA SHIRT COMPETITION

Thank you for all the entries to our competition - we received lots of excellent match reports and we enjoyed reading them. Many congratulations to our winner, Humaira from 4AS, who wrote an excellent account of Aston Villa's recent game against Stevenage. Humaira has won a Villa shirt signed by members of Aston Villa Women FC.

INDUSTRIAL ACTION

We can confirm that we will not be affected by next week's national industrial action, taking place on Wednesday 1st February. **School will be open for all children as usual.**

"CAT PAC" COURSE

Following our recent successful autism awareness meeting, we would like to invite you to a CAT PAC course, the Communication and Autism Team's Parent Awareness Course. The course has been designed for parents who want to increase their understanding of autism and is open to all those whose children have a diagnosis of autism or those who are on the assessment pathway.

The sessions will be delivered at Beeches Junior School on Thursdays from 9.15am until 10.45am: 16th February, 2nd March, 9th March, 16th March, 23rd March, 30th March

The sessions will take place in person in the main school hall. You will need to provide your email address, your child's name, age and school in order to reserve a place.

Please email Mr Ellis to book a place: s.ellis@beechesjnr.bham.sch.uk

Due to limited places, the course will be limited to the first 30 people to respond. There is an expectation that parents/carers endeavour to attend all sessions if possible. You will receive an email response to confirm your place or to inform you that the course is full.

DIARY DATES

Tue 31 Jan	Year 5 Cadbury World visit
Thu 2 Feb am	4L vihara visit
Fri 3 Feb	Number Day - non-uniform
Fri 3 Feb am	4P vihara visit
Tue 7 Feb, 9.05am	Year 5 parents' spelling workshop
Sat 11 Feb, 8.50am	Perry Hall Parkrun
Mon 13 & Wed 15 Feb	Parents' evenings
Tue 14 Feb	Year 3 synagogue & library visit
Fri 17 Feb am	4AS vihara visit
Fri 17 Feb pm	Wisdom dental check-ups
Fri 17 Feb	Break up for half term
Thu 16 Mar, pm	Mother's Day event

TEAM POINTS THIS WEEK

1	Team Cadbury (Red)	817
2	Team Malala (Yellow)	726
3	Team Lewis (Blue)	671
4	Team Zephaniah (Green)	649

BEECHES BRILLIANT READERS

Year 3: Eshan (3RW)	Year 4: Adam (4L)
Year 5: Asher (5P)	Year 6: Ethan (6S)

PUPIL OF THE WEEK

3JW: Mason	4AS: Skye	5A: Mohammed	6A: Hamza
3P: Rayyan	4L: Jasmine	5L: Sarai	6M: Michaela
3RW: Antonia	4P: Aalaya	5P: Nabid	6S: Zaynab

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